

FORTIFIKAT[®]

maxx protekt

Food supplement

General information

Phospholipids are present in the cell membrane structure, playing a role in regulating exchanges between the intra- and the extracellular compartment, as well as in activating the enzyme systems at membrane level.

Silymarin is a flavonoid complex extracted from *Silybum marianum* fruits (species commonly known as milk thistle, Saint Mary's thistle, or variegated thistle), being a mixture mainly consisting of three components: silybin, silydianin and silychristin.

Milk thistle supports the liver health, contributing to its protection and support to detoxification function.

Milk thistle practically maintains the liver function, and in addition it facilitates digestion and body detoxification.

Importance to health

Both the essential phospholipids and the milk thistle support the health and normal functioning of the liver.

Phosphatidylcholine from the essential phospholipids in **FORTIFIKAT[®] maxx protekt** contains choline, which contributes to the normal lipid metabolism and maintains the normal liver function. The beneficial effects are obtained by consuming at least 82.5 mg choline found in the daily dose of **FORTIFIKAT[®] maxx protekt**.

These components ensure a synergic effect in protecting the liver cells.

The combination of ingredients in **FORTIFIKAT[®] maxx protekt** helps maintain the health and normal functioning of the liver.

FORTIFIKAT[®] maxx protekt is useful when the liver function is strained or requires support.

Each tablet contains:

Lecithin rich in essential phospholipids: 1100 mg

Dry extract from milk thistle (*Silybum marianum*) fruits, rich in silymarin: 312.5 mg

Ingredients/tablet: 2:1 lecithin extract from **Soybean** (*Glycine hispida*) supplying phosphatidylcholine; dry hydro-acetonic extract from milk thistle (*Silybum marianum*) fruits, supplying 80% silymarin; bulking agents: microcrystalline cellulose PH101, croscarmellose sodium; anticaking agents: silica, magnesium stearate from plant sources.

Posology and method of administration

1 tablet 3 times per day. The tablets should be swallowed whole, with a glass of water.

Warnings

Store at temperatures between 15°C and 25°C in the original package.

Keep away from light and humidity.

Preferably to be consumed before the date indicated on the package.

Keep out of the reach and sight of young children.

Do not exceed the dose recommended for daily intake.

Food supplements do not replace a varied and balanced diet and a healthy lifestyle.

Contraindicated in infants and toddlers.

Pregnant and breastfeeding women should consult the doctor before taking **FORTIFIKAT[®] maxx protekt**.

Contraindicated in people allergic to **soybean**.

Packaging form

Box with 1 blister of 10 tablets

Box with 2 blisters of 15 tablets

Manufacturer

Laboratorios Licons S.A., Avenida Miralcampo, 7 – Poligono in industrial Miralcampo 19200, Azuqueca de Henares, Guadalajara, Spain

Notification holder and Distributor in Romania

Terapia SA, 124, Fabricii Str., Cluj Napoca, Romania

Notified to SNPMAPS: Series AA/no. 12202/20.12.2018