

FORTIFIKAT®

Essential Phospholipids
825 mg soft capsules

forte

food supplement

General information

Phospholipids are present in the cell membrane structure, playing a role in regulating exchanges between the intra- and the extracellular compartment, as well as in activating the enzyme systems at membrane level.

Essential phospholipids – importance to health

The essential phospholipids support the health and normal functioning of the liver.

Phosphatidylcholine from the essential phospholipids in **FORTIFIKAT® forte** contains choline, which contributes to the normal lipid metabolism and maintains the normal liver function.

The beneficial effects are obtained by consuming at least 82.5 mg choline, found in the daily dose of **FORTIFIKAT® forte**.

FORTIFIKAT® forte is useful when the liver function is strained or requires support.

Each soft capsule contains: Essential phospholipids 825 mg

Ingredients: lecithin from **Soybean** (*Glycine hispida*), with a high content of essential phospholipids; capsule: gelatine, glycerine, dye/beta-carotene; medium chain triglycerides (from palm oil).

Posology and method of administration

1 capsule 2 times per day. The capsules should be swallowed whole, with a glass of water.

Warnings

Store at temperatures between 15°C and 25°C in the original package.

Keep away from light and humidity.

Preferably to be consumed before the date indicated on the package.

Keep out of the reach and sight of young children.

Do not exceed the dose recommended for daily intake.

Food supplements do not replace a varied and balanced diet and a healthy lifestyle. Contraindicated in infants and toddlers.

Pregnant and breastfeeding women should consult the doctor before taking Essential phospholipids.

Contraindicated in people allergic to **soybean**.

Packaging form

Box with 1 blister of 10 soft capsules.

Box with 2 blisters of 15 soft capsules.

Manufacturer

Laboratorios Liconsa S.A., Spain

Notification holder and Distributor in Romania

Terapia SA, 124, Fabricii Str., Cluj Napoca, Romania

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